

# SUBSTANCE USE DISORDERS & OUTPATIENT THERAPY SERVICES



## SUBSTANCE USE DISORDERS (SUD)

### ASSESSMENTS

- Assessments are available to youth and parents or caregivers to assess the need for services and what level of service is currently appropriate.
- We can provide those assessments typically at a lower rate than other agencies for parents or caregivers.

### OUTPATIENT TREATMENT SERVICES

- Client-centered focused in a group of client's peers, whether it be adult or child, aiming towards strengthening their recovery community.
- Individual services provided to ensure client is receiving individualized care and appropriate referrals when needed.

### OUTPATIENT INDIVIDUAL SERVICES

- Individual services can be offered to youth or adults in a confidential location via telehealth.
- These services are geared towards the individual's needs and their personal goals.

### OUTPATIENT FAMILY SERVICES

- Family sessions can be an important catalyst for many during SUDs treatment.
- These can also be offered at any TFI office or via telehealth.

### DUI ASSESSMENTS

- No referral is needed.
- Flexible options available. Evaluations can be conducted in person or virtually, providing the client with more scheduling flexibility.
- We take credit/debit payments directly from the client.
- Assessment results within 48 hours.

## OUTPATIENT THERAPY SERVICES

### K-PMTO (PARENT MANAGEMENT TRAINING OREGON)

An evidence-based family intervention designed to strengthen parents' ability to parent with confidence. It also facilitates positive communication and focusing on strengths.

### INDIVIDUAL THERAPY

We can provide individual therapy to any child in TFI, or in the community if they have an active medical card.

In some cases, teletherapy may be the best option, but is still an effective modality to provide service, when often the CMHC have long wait lists, or are not a viable option. This service can also be provided to parents who have insurance and may need flexibility in the options available to them.

### FAMILY THERAPY

This can be provided in person if a therapist is in the area or via telehealth.

